

# PREP INFORMATION



## PREP WEEK 1

Tuesday 29 January 2019  
Wednesday 30 January 2019  
Thursday 31 January 2019  
Friday 1 February 2019

## FINISHING TIME

Pupil Free Day  
12:30pm  
12:30pm  
12:30pm

## PREPARING YOUR CHILD FOR PREP

1. Toilet Training:
  - can dress and undress
  - can wipe own bottom
  - can push button on toilet
  - can wash and dry hands
2. Name:
  - answers to first name
  - knows surname
  - recognises first name in written form
3. Has knowledge of formalities such as saying Hello, Goodbye, Please, Thank you.
4. Is able to separate easily from parents, i.e. trusts that Mum/Dad will return.
5. Help your child practise:
  - opening and closing his/her lunch box
  - packing and unpacking Prep bag including zips and clips
  - putting on and taking off shoes and socks
  - putting on raincoats
6. Rhyming is a very important skill you can practise with your child. Read lots of books that have rhyming words in them and teach your child nursery rhymes. A child's ability to rhyme is a good indicator of future reading success.
7. Visual perception activities such as spot the differences, or find the hidden shape/object books (e.g. "Where's Wally" & "I Spy"), balloon patting/bouncing, lotto games, bingo (using shapes and pictures) and puzzles are all good experiences for your child in preparation for Prep.



## YOUR CHILD WILL NEED:

(All items are compulsory requirements.)

1. A clearly named, school size bag/backpack - large enough to carry all belongings.
2. A St Stephen's School hat, clearly named inside.
3. A St Stephen's Prep Uniform:

### PREP WEAR

#### Girls

- Red and navy polo shirt
- Navy blue shorts **or** navy blue culottes
- Blue socks with red stripes
- Black joggers
- Raincoat
- Red headwear e.g. ribbons and headbands

#### Boys

- Red and navy polo shirt
- Navy blue shorts
- Blue socks with red stripes
- Black joggers
- Raincoat



### WINTER WEAR

#### Girls

- Navy blue and red track pants
- Navy blue and red jacket
- Navy sweater

#### Boys

- Navy blue and red track pants
- Navy blue and red jacket
- Navy sweater

4. **A spare set of clothes and underwear to be kept in a plastic bag inside their school bag at all times.**
5. A lunch box or cooler bag with ice pack.
6. A water bottle with pop-top style lid.  
**Please do not fill these bottles with cordial or juice.**  
If you wish, you can send a small fruit juice popper with your child's lunch. (No cans or bottles please)
6. A raincoat (no umbrellas)

Please name every item your child brings to Prep using a permanent marker (including every sock and every shoe). Use lower case letters not capitals; e.g. John Smith - not JOHN SMITH. (Refer to correct script at the back of this handbook).

There are a number of other items your child will need at Prep. These are covered by a levy, which is included in your school fees account. All of these items will be given to your child as part of the Prep Program, as and when required, e.g. tissues, drawing materials, display folder and etc.

## FOOD & DRINK

From an early age children learn healthy eating habits. We promote a healthy eating policy at St. Stephen's Prep for the benefit of your child's health.

**Please refrain from sending:** chocolate (or chocolate coated items), cakes, lollies, dessert snacks, flavoured milk, soft drinks, roll-ups.



## BREAKS

### Fruit Snack

Please provide a fresh fruit or vegetable snack for your child every day e.g. a banana, apple or carrot sticks.

### First Break

Please pack a **nutritious lunch** in a lunch box or cooler bag with an ice pack to keep food cool. Healthy suggestions for lunch include: a sandwich or roll (with meat, salad and cheese fillings), pasta, salads, fresh/dried fruit.

Please note that staff members are unable to re-heat children's lunches.

### Second Break

Please pack a small healthy snack such as a piece of fruit (pre-cut), crackers, cheese, vegetable sticks, muesli bars or sultanas.



## BIRTHDAYS

It's always a treat for your child to celebrate his/her birthday with their Prep friends by bringing along a cake, patty cakes or iceblocks to share. Please let the staff know in advance.

## PARENT PARTICIPATION

Parents are encouraged to spend time with us at Prep to be part of our program. You may like to offer your talents or special skills or help out with group work and organised learning experiences.

Opportunities to assist in the classroom will occur in mid-term 1 and terms 2, 3 and 4. Assistance is appreciated for programs, Literacy activities and special events.

Please don't hesitate to come and help. You are an invaluable part of our Prep!

**Please note:** All parent helpers/volunteers are required to undertake the St Stephen's School Volunteer Training prior to helping or volunteering their time at our school. For more information, please see the "Volunteering at St Stephen's School" section in this Parent Handbook.

