



## What is it?

Living the Liturgy is a school wide program aimed at strengthening the Catholic identity of our school, which falls under Brisbane Catholic Education's Strengthening Catholic Identity Initiative. Living the Liturgy does this through providing opportunities to enhance the sacramentality, outreach culture, prayerfulness and formation of the St Stephen's School community.

Through learning about and engaging with the Catholic Mass, the students are given multiple opportunities to live out Jesus' Mission in practical and engaging ways. It is our hope that all of the students at St Stephen's will gain a deeper knowledge, appreciation and love for the Catholic Mass and recognise how it can enrich the lives of all people of good will.

## How does it work?

Living the Liturgy runs for the duration of the school year and is broken into the 4 parts of the Mass, coinciding with the 4 terms of the year.



### Term 1 - Introductory Rite.

Students learn about Christian hospitality, Christian community and the power of penitence and humility.

In the past, the students have entered a competition to create something physically welcoming within the school such as a "Welcome Garden" and "Welcoming Art".



### Term 2- Liturgy of the Word.

Students learn about Sacred Scripture and its significance and relevance in our lives.

In the past, the students have created a "Scripture Challenge Book" which is designed to challenge the reader to live out the scriptural message. The book is sold within the community to raise money for the poor.



### Term 3 - Liturgy of the Eucharist.

Students learn about the Body of Christ and its transforming power in the Christian life.

In the past, the students have participated in the "Come and See" Program led by year 10 students at St Thomas More College, which focuses on formation around the Eucharist, then the "Adore for 24" event which invites all people within the community to participate in prayer before the Blessed Sacrament.



### Term 4 - Concluding Rite.

Student learn about Jesus' Mission to go out into the world glorifying the Lord by our lives.

In the past, the students have participated in the Socktober challenge led by Catholic Mission. The students get "Actively" involved in living the Gospel through sports, raising money and community engagement.

Each term the students are involved in a practical and enjoyable event that links the coinciding part of the Mass to their everyday lives.

## Sacramentality Focused

The Sacrament of the Eucharist is the source and summit of the Christian life. Living the Liturgy unpacks the meaning and value of the Eucharist and living a 'sacramental life', which engages students in everyday ways they can live out Jesus' message of love.

## Outreach Focused

The Catholic Mass is always focused on 'Mission' - going out into the world to share the peace of God. Through outreach events, Living the Liturgy, draws the students out into the world around them to help those who are poor or in need of God's help.

## Prayer Focused

Liturgy is all about worship of God. In learning the true meaning of 'worship' and contemplating God in their lives, the students learn how to pray and reverently connect with God through Living the Liturgy.

## Formation Focused

Catholic Formation is about shaping one's spiritual, theological, scriptural and human life. Living the Liturgy gives the students opportunities to grow and enrich all of these dimensions of themselves in order to grow nearer to God.

## Staff Involvement – How can you contribute?

The most significant way that staff can contribute to the program is by bearing witness to the Gospel for the students and the community.

This program is more successful when run by the community, rather than just the APRE. Staff are always invited to take lead roles in the Religious Life of the School and specifically leading activities and events within the Living the Liturgy Program.